

# Kushed Bulletin

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Issued by: Ku-ring-gai Community Workshop 'The Shed' Inc.  
2022

Date: 20th September

## We Are Closed On Thursday



Since Thursday the 22nd of September is a mandated Public Holiday, the Shed will be closed on that day

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**Hands Up!**



As members of our Shed, we commit part of our time to community activities, part to the Shed and part to our own projects.

Our Hands Up project asks Members to put their hand up to take responsibility for at least one task.

We cannot just leave it to a few members to undertake all the activities that are required to keep the Shed operating at peak capacity.

### **Shed Activities**

Activities include dusting of surfaces in a specific area, ensuring the timber store is maintained in a neat and safe state, blowing off leaf litter around the Shed, maintaining a specific machine, sharpening drill bits plus many others.

We all have an obligation to contribute to the operation and maintenance of our wonderful facilities.

Sign up on the Hands UP nomination board in the lunchroom.

### **Community Commitments**

- Two of our members have had a long-term commitment to the Hornsby Ku-ring-gai Women's Shelter
- We welcome volunteers to occasionally bring incapacitated members in for a visit for morning tea or lunch.
- We welcome volunteers to undertake community projects that are within our domain.

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## **Major Milestone for The Extension**

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The Extension has now been completed up to lock up stage

This completes the activities of Sydney Sheds and the start of the Fit Out by Shed Members

A working group has been formed to decide on lining for the Walls and Ceiling, and a suitable flooring material

Work will then begin on electrical and data cabling

This is a major achievement and we would like to thank everyone involved, especially Malcolm Bailey, for getting us to this stage

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**Annual CPR And First Aid Course - Friday, 28th of October**



Our Annual First Aid Course, conducted by Hand On Heart, will be on Friday the 28th Of October

All Shed First Aiders and anyone wanting to learn a skill that may save a life is invited to attend

Spouses and Family members are also welcome to come along

It will commence at 10am at The Shed, St Ives Showground

Price: \$ 60 CPR only    \$115 First Aid (includes CPR)

**Pre-course study:** You are required to complete enhanced online learning prior to your assessment day. This involves watching videos and completing the online multi choice test.

Study for the following course: **HLTAID009** Provide Cardiopulmonary Resuscitation and **HLTAID011** Provide First Aid

[Click here](#) to commence your enrolment and online study.

Please enrol in only ONE course, First Aid (renewed every 3 years) includes CPR (renewed yearly).

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**Join The Monthly Cooking Group**



We have a few vacancies in the Cooking Group. Any Shed members who would like to expand their culinary skills are cordially invited to join this merry team.

The group meets at the Shed on the 3rd Friday of each month, commencing at 10 am and finishing about 2.30 pm. Our delightful instructor Idris provides an interesting 3-course lunch menu, buys the ingredients and guides us through the process of preparing and cooking the meal.

We then sit down in the lunch room and devour our creations, helped down with a glass or two of wine.

It is all very relaxed and you go home with a full tummy and new skills to impress family and friends.

So if you are interested, please contact Max Elliot by email [max-elliott@bigpond.com](mailto:max-elliott@bigpond.com) or mobile 0432 917 301.

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## **New And Returning Members**

The President and Committee would like to welcome the following new and returning members who have joined our Shed recently.

We would appreciate it if all existing members would welcome our new fellow shedders to the fold.

Colin Anderson  
Noel Carmody  
Leonard Lee  
Paul De Stoop

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