

Kushed Bulletin

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Sweet Music at the Shed



Raymond Howes, a maker of fine musical instruments, shows the techniques used in the construction, and a partially finished violin

The Shed Cooking Group





On 24th March, 2017 twelve men went into The Shed to challenge the weather outside and cook up a storm inside.

Under the guidance of Bruce Donnelley and the cooking expertise of Ruth Fulton, we were briefed and then divided into small teams for the task of preparing and cooking each course.

Soon the kitchen was full of the aromas of bruschetta with borlotti beans and olives, spaghetti marinara and spaghetti with anchovies. A green salad accompanied the main course and filo pastry and berry baskets followed as dessert.

Picture Framing Course



The Picture Framing course is one of the most popular courses held at The Shed.

The picture shows three successful participants, Sam Sakker, Dave Warren and Noel Rose with a sample of their work.

Fine Painter Recently Framed



Not only is Rudy Rencoret a fine artist, but after completing the Picture Framing course, he is now a one stop shop for creating great art.

Wes Martin Creates Motoring Magic



Wes Martin, often seen beavering away in the Shed metalworking area, has created from scratch a fully working petrol motor.

This involved casting, machining, heat treatment and other processes to construct the required components

A Nifty Folding Table



Dale Negus created this striking and sturdy folding table

AMSA Monthly Newsletter

The latest copy of the AMSA newsletter for April is now available here:

<http://mensshed.org/wp-content/uploads/2017/04/The-Shedder-April-2017.pdf>

My Moves for Seniors

DID YOU KNOW? ...

90% of older Australians have at least one chronic health condition.

50% of older Australians have 5 or more chronic health conditions

My Moves for Seniors, developed and run by the myMoves Team at Macquarie University aims to help people maintain good physical well-being despite their chronic health conditions.

This program provides good information and teaches proven skills for managing physical activity as you age.

For more information, please their web site <http://www.mq.edu.au/mymoves>

Anthony Cleaver - Obituary



Anthony Cleaver (1942 -2017)

Whilst Anthony was a member of the Shed for only a relatively short period of time, he became a valued friend and contributor to all of us.

We remember him as a gentle, kind and caring man, a thoughtful person to share ideas with, and an extremely skilled wood carver. We had the privilege of seeing him build up a shaped wooden horse from blocks of wood, and then to be completed as a rocking horse.

Apparently he had made and repaired several rocking horses during his life. So these rocking horses will be a reminder of him.

We extend to Yvonne and the extended family our sincere condolences.

David Scarlett – Obituary



David Maxwell Scarlett OAM RFD (1944 – 2017)

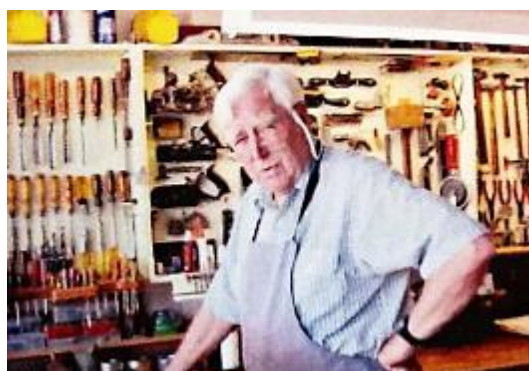
Whilst David was only a member of the Shed for a short period of time, he made his presence felt mainly whilst participating in the Cooking Group where his sense of humour prevailed with contributions to the after meal comradely.

David as a lawyer and significant contributor to community in many ways including Rotary, was awarded an OAM for services to law and community. He also received the Reserve Force Decoration for his long service.

Many shedders also knew him well for his role at Bunnings Belrose, following his retirement where he was regarded as a "tool expert"!

We wish his wife Susie and extended family our sincere condolences.

Russell Vasey - Obituary



(Russell) Thomas Vasey CMDR, RFD, VRD*, FAIN, RANR (ret) (1924-2017)

Russell Vasey was a man of many talents and had led an interesting life in a wide-ranging career over the 92 years of his life. He had a distinguished career in the Royal Australian Navy before joining Qantas where he served for over 40

years.

Later in life he was a member of the Ku-ring-gai Men's Shed and served as Deputy Master of the beautifully restored Tall Ship, *James Craig*. As a member of the Sydney Heritage Fleet he was accredited as master on all five of the Fleet's 100 + year old vessels.

Russell Vasey competed in five Sydney to Hobart yacht races. He was a Yacht-master Examiner and a Fellow of the Australian Institute of Navigation. His boating experience in his own yacht included voyages across the Pacific, Tasman Sea, Portsmouth to Gibraltar and circumnavigation of Australia.

Russell had supported the Shed by being a financial member since 2009.

At the time of his death he was living at The Landings with his wife Judy. His memorial service was held in St Swithun's Church, Pymble on the 5th of April 2017.

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